Stramongate School Menu - Summer 2024



Week One

Monday

Lemon Chicken & Wholemeal Rice Cheese and Tomato Pasta v Salad Jacket Potato with Tuna/Cheese or Beans Artic Roll & Peaches

Tuesday

Beef Burger In A Bun Vegi Burger in bun Cheese & Beans v Cheese or Ham Wrap Apple Crumble Cake & Custard

Wednesday

Roast Beef Dinner
Quorn Fillet Dinner v
Vegetables, Roast Potatoes, Yorkshire Puds &
Gravy
Ham or Cheese Baguette
Ice Cream & Fresh Fruit

Thursday

Lasagne & Garlic Bread Vegi Lasagne & Garlic Bread v Beetroot & Salad Ham or Cheese Baguette Party Cake & Milk Drink

<u>Friday</u>

Fish in Batter
Vegi Sausage v
Chips & Peas
Ham or Cheese Baguette
Iced Lolly

Week Two

Monday

Chicken Bites Wraps
Quorn Bites Wraps v
Sweetcorn & Salad
Jacket Potato with Tuna/Cheese or Beans
Smoothies

<u>Tuesday</u>

Pepperoni Pizza
Margherita Pizza v
Salad & Coleslaw
Jacket Potato with Tuna/Cheese & Beans
Shortbread

<u>Wednesday</u>

Roast Ham Dinner
Quorn Fillet Dinner v
Vegetables, Roast Potatoes, Yorkshire Puds &
Gravy
Cheese or Ham Wrap
Yogurt & Fresh Fruit

Thursday

Sausage Roll Veggie Sausage Roll v Beans Ham or Cheese Baguette Brownie & Milk Drink

<u>Friday</u>

Fish Cake
Quorn Bites
Chips & Broccoli
Ham or Cheese Baguette
Jelly with Cream & Fruit

Bread, salad and water available daily

Week Three

Monday

Homemade Beef Meatballs in a Tomato Sauce
Vegi Bolognaise v
Pasta & Mixed Vegetables
Jacket Potato with Tuna/Cheese or Beans
Ice Cream & Fresh Fruit

<u>Tuesday</u>

Chicken Korma
Veg Korma v
Wholemeal Rice & Naan Bread & Mixed
Vegetables
Jacket Potato with Tuna/Cheese or Beans
Austrian Crunch

Wednesday

Roast Beef Dinner
Quorn Fillet Dinner v
Vegetables, Roast Potatoes, Yorkshire Puds &
Gravy
Cheese or Ham Wrap
Yogurt & Fresh Fruit

Thursday

Saucy Sausage
Vegi Saucy Sausage v
Vegetables and Wholemeal Pasta
Ham or Cheese Baguette
Syrup Sponge & Custard

Friday

Fish Fingers
Vegetarian Burger v
Chips & Beans
Ham or Cheese Baguette
Cookies & Milk Drink

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<u>Timetable</u>

Spring – Summer 2024		
Week Comm	<u>Menu</u>	
w/c 15 April	1	
w/c 22 April	2	
w/c 29 April	3	
w/c 6 May	1	
w/c 13 May	2	
w/c 20 May	3	
w/c 3 June	1	
w/c 10 June	2	
w/c 17 June	3	
w/c 24 June	1	
w/c 1 July	2	
w/c 8 July	3	
w/c 15 July	1	